



### APPOINTMENTS

Please arrange appointments with a massage therapist by calling the numbers located on the back of the brochure or scanning the QR code.

### WALK-INS

For available Walk-In Hours, please visit the spa.

### CANCELLATIONS

If you need to cancel or reschedule an appointment, please contact your massage therapist.

### GIFT CERTIFICATE

Gift Cards are available at the Travis Fitness Center Front Desk.

### PAYMENT

During business hours, make all payments at the Travis Fitness Center Front Desk.

*Relax • Enjoy • Rejuvenate*

Make **massage** a regular part  
of **your** well-being routine.

## Massage Therapist

SCAN THE QR CODE or CALL  
FOR AN APPOINTMENT.



Wil Smeback  
707-685-3173  
keepmovingwilcmt@gmail.com



Grace Dollente  
707-372-2439

### PURE BLISS MASSAGE

at Fitness Center

550 Travis Ave.  
Building 434  
Travis AFB, CA 94535

**(707) 424-2008**



## Pure Bliss MASSAGE

at Fitness Center

Monday–Friday: 6am–8pm  
Saturday & Sunday: 8am–6pm



# Massage

•PRICE LIST•



## CHAIR MASSAGE

For a quick, on-the-go stress relief, take a seat to focus on problem areas such as back, neck and shoulders.

15 Minutes.....**\$15**  
30 Minutes.....**\$30**



## FOOT REFLEXOLOGY

To release the body of stress or pain, we apply soft to firm pressure to relax specific zones of the foot.

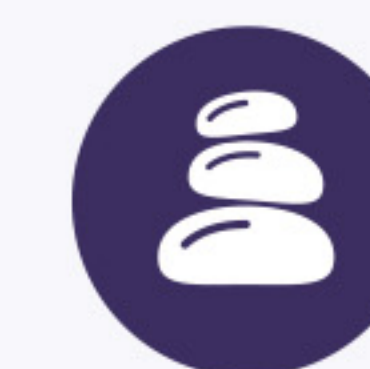
15 Minutes.....**\$15**  
30 Minutes.....**\$30**



## MASSAGE & TECHNIQUES

Deep Tissue, Trigger Point, Swedish, Reflexology, Sports Massage, Pre-natal, Shiatsu, Myofascial Release & Oncology.

30 Minutes.....**\$35**  
60 Minutes.....**\$60**  
90 Minutes.....**\$85**



## HOT STONE MASSAGE

A therapeutic massage which uses Basalt Stones to provide calmness and energy to the body.

60 Minutes.....**\$65**  
90 Minutes.....**\$90**



## COUPLES MASSAGE

60 Minutes.....**\$120**  
90 Minutes.....**\$170**



## SPECIALTIES

Paraffin Dip.....**\$10**  
Sugar Scrub  
(75 Minutes).....**\$170**



*Relax & Enjoy • Aid Recovering Injuries • Relieve Muscle Tension*